

Porefect Skincare Routine Manual





Welcome to your Poreflect Skincare Routine!

We are thrilled that you've chosen our products, and we want to extend our heartfelt gratitude for your trust.

This manual will guide you step-by-step on how to use each of the products to achieve healthy, glowing skin.

Designed to target pores, blemishes, hydration, and overall skin balance, this routine will help you bring out the best in your skin. Follow the instructions below to understand how to incorporate each product effectively.

Who is this Kit Perfect For?

The Poreflect Kit is designed for anyone looking to improve the appearance of their pores, reduce blemishes, and achieve a balanced, healthy glow. This kit is particularly beneficial for:

- **Oily and Combination Skin Types:** The products help control excess oil, minimize shine, and balance moisture levels.
- **Enlarged Pores:** If you're struggling with visible pores, the active ingredients in this kit help minimize their appearance and improve skin texture.
- **Blemishes:** If you experience frequent breakouts, this kit contains targeted ingredients to reduce blemishes and prevent future breakouts.
- **Fungal Acne:** The formulations are non-comedogenic and include ingredients that do not exacerbate fungal acne, making them suitable for those dealing with this condition.
- **Those Looking for a Complete Routine:** The Poreflect Kit is a complete skincare regimen that cleanses, hydrates, treats, and balances your skin, making it ideal for those who want a simplified yet effective routine.
- **Sensitive Skin:** The formulations are designed with soothing ingredients, making them suitable for sensitive skin, although it's always recommended to perform a patch test first.

Step 1: Deep Pore Cleansing Balm



The Deep Pore Cleansing Balm is enriched with 2% Salicylic Acid to gently exfoliate clogged pores and vitamin E (Tocopherol) acts as a powerful antioxidant to protect your skin, leaving it feeling clean, refreshed, and radiant.

Starting with the cleansing balm is crucial because it gently exfoliates and breaks down makeup, sunscreen, and excess oils, allowing for a more thorough cleanse without stripping the skin.

How to Use:

- Start with dry hands and a dry face.
- Scoop a small amount of the balm and warm it between your palms.
- Gently massage the balm onto your face in circular motions for about 3-5 minutes, focusing on areas prone to congestion or heavy makeup.
- The balm will dissolve makeup, sunscreen, and impurities. Add a bit of warm water to emulsify the balm into a milky texture.
- Rinse thoroughly with lukewarm water or use a damp washcloth for extra cleansing power.
- Use this balm once daily in the evening.

Tip: For a deeper cleanse, especially for sensitive, acne-prone skin, this balm contains salicylic acid to help exfoliate and unclog pores. Take your time massaging it into the skin to allow the salicylic acid to work effectively. Avoid the eye area to prevent irritation.

Step 2: Poreflect Active Cleansing Clay



This step helps to detoxify and purify your pores, particularly useful 2-3 times a week as a deep-cleansing treatment. This clay mask can be used as a mask and a cleanser and is non-drying so you can use without fear of skin barrier damage.

How to use as a Mask:

- On damp skin, apply an even layer of the Poreflect Active Cleansing Clay, avoiding the eye area.
- Leave it on for 10-15 minutes, allowing the clays to draw out impurities from the skin.
- Once the mask is mostly dry, rinse off thoroughly with warm water, massaging gently in circular motions.

How to use as a cleanser:

- On damp skin, massage the Poreflect Active Cleansing Clay into skin in a gentle, circular motion avoiding the eye area.
- Rinse thoroughly.

Follow this cleansing step 2-3 times a week, preferably in the evening after using the Deep Pore Cleansing Balm. Alternate with a gentle cleanser on other days.

Tip: If you have sensitive skin, you can reduce the time to 5-8 minutes to prevent over-drying.

Step 3: Prep-fect Hydration Mist



Once you've completed the cleansing process, it's crucial to replenish the moisture that has been lost. The Prep-fect Hydration Mist is designed to offer lightweight hydration and prepare your skin for the subsequent skincare routine.

Formulated with 5% Urea and a blend of Sodium Hyaluronate, Glycerin, and Sorbitol, it delivers intense moisture and helps retain hydration. Niacinamide works to brighten and strengthen the skin barrier, while Aloe Vera Juice and Panthenol provide soothing benefits.

How to Use:

- Hold the bottle 6-8 inches from your face.
- Spray evenly across your face and neck, making sure the mist is distributed well.
- Gently pat it into your skin to ensure it absorbs fully.
- Use this mist morning and night, right after cleansing or any time during the day for extra hydration.

Tip: You can also use this mist to set makeup or refresh your skin throughout the day for an extra glow. Store the mist in the refrigerator for a refreshing effect, especially during hot weather.

Step 4: Blemish Reduction Serum



This serum is designed to address blemishes, hyperpigmentation, and an uneven skin tone, while promoting a calm and balanced complexion.

Niacinamide and Succinic Acid regulate oil production and soothes inflammation, while Mandelic Acid gently exfoliates for clearer skin. Hexylresorcinol and N-Acetyl Glucosamine brighten skin, reducing hyperpigmentation and dark spots. High Molecular Weight Hyaluronic Acid maintains skin hydration and Mushroom Extract adds antioxidant support for overall skin health.

How to Use:

- Apply 1-2 pumps of the Blemish Reduction Serum to cleansed and toned skin, focusing on areas prone to blemishes or uneven pigmentation.
- Gently massage it in until fully absorbed.
- Use this serum in the evening only.
- Always follow with a moisturizer after the serum has absorbed, and apply sunscreen in the morning if you used the serum the previous night.

Tip: Consistency is key! Use the serum regularly to see a noticeable improvement in blemishes and pigmentation.

Step 5: Poreflect Matte Balance Cream



This Poreflect Matte Balance Cream is designed to provide balanced hydration while reducing excess shine.

Containing amazing actives such as Hyaluronic acid, Aloe Vera Juice, Niacinamide and Zinc PCA, it helps to hydrate the skin, minimize the appearance of pores, control sebum production, and promote a more even skin tone, Silica Microspheres provides a soft-focus, matte finish and VP/VA copolymer creates a film to reduce trans-epidermal water loss.

This cream leaves the skin feeling smooth, balanced, and refreshed without clogging pores.

How to Use:

- Apply a small amount of the cream to your face and neck, gently massaging until fully absorbed.
- Use in the morning and evening after your serum.
- Focus on areas that tend to get oily or shiny throughout the day.

Tip: For combination skin, you can apply more cream to oily areas (like the T-zone) and less on drier parts of the face to achieve optimal balance.



ROUTINE RECAP

Morning: Start with Prep-fect Hydration Mist, followed by the Porefect Matte Balance Cream, and sunscreen.

Evening: Begin with Deep Pore Cleansing Balm, use Porefect Active Cleansing Clay (2-3 times a week), apply Prep-fect Hydration Mist, then use the Blemish Reduction Serum, and finish with Porefect Matte Balance Cream.

Quick Glance Routine Diagram:

Morning Routine:

- Step 1. Prep-fect Hydration Mist
- Step 2. Porefect Matte Balance Cream
- Step 3. Sunscreen

Evening Routine:

- Step 1. Deep Pore Cleansing Balm
- Step 2. Porefect Active Cleansing Clay (2-3 times a week)
- Step 3. Prep-fect Hydration Mist
- Step 4. Blemish Reduction Serum
- Step 5. Porefect Matte Balance Cream



Ingredients Glossary

- **Aloe Vera Juice:** Provides soothing and anti-inflammatory properties.
- **Cocamidopropyl Betaine:** A mild surfactant that helps create a rich lather while being gentle on the skin, often used to reduce irritation potential.
- **Disodium EDTA:** A chelating agent that improves the stability and efficacy of formulations by binding to metal ions.
- **Glycerin:** A humectant that draws moisture into the skin, keeping it hydrated and plump.
- **Hexylresorcinol:** A powerful skin-brightening agent that helps reduce hyperpigmentation and prevent future dark spots.
- **Kaolin and Rose Clay:** Gentle clays that draw out impurities from the skin without stripping moisture, leaving skin feeling clean and balanced.
- **Kojic Acid:** Helps to brighten the skin by inhibiting melanin production, reducing the appearance of dark spots and hyperpigmentation.
- **Mandelic Acid:** A gentle AHA that exfoliates the skin, ideal for sensitive and acne-prone skin types.
- **Mushroom Extracts:** Provide antioxidant benefits, brighten the skin, and help protect against environmental stressors.
- **N-Acetyl Glucosamine:** Helps to brighten skin tone, improve hydration, and enhance the skin's barrier function.
- **Niacinamide:** Helps reduce inflammation, even out skin tone, and regulate sebum production.
- **Panthenol (Vitamin B5):** Soothes and hydrates, aiding in barrier repair.

Ingredients Glossary

- **Propylene Glycol:** A penetration enhancer that helps active ingredients absorb more effectively, while also acting as a humectant.
- **Salicylic Acid:** A beta hydroxy acid (BHA) that exfoliates inside the pores, making it ideal for treating blackheads and acne.
- **Sodium Cocoyl Isethionate:** A gentle surfactant derived from coconut oil, effective at cleansing without stripping the skin of natural moisture.
- **Sodium Hyaluronate:** Provides deep hydration by attracting moisture to the skin, leaving it plump.
- **Sodium Lactate:** A natural moisturizing factor that helps to maintain skin hydration and improve the overall texture.
- **Squalane:** A lightweight emollient that helps to lock in moisture and improve skin elasticity without feeling greasy.
- **Sorbitol:** A sugar-derived humectant that attracts moisture to the skin, keeping it hydrated.
- **Succinic Acid:** Works to reduce acne by decreasing oil production and soothing inflammation.
- **Sulfur:** Helps to reduce oiliness and unclog pores, making it effective against acne.
- **Tocopherol (Vitamin E):** An antioxidant that helps protect the skin from environmental damage and supports skin healing.
- **Urea:** A humectant that deeply hydrates the skin and supports natural exfoliation, helping to maintain a healthy skin barrier.
- **Zinc PCA:** Helps to control excess oil and prevent breakouts.

Frequently Asked Questions (FAQs)

How often should I use the products? – Follow the recommended use provided in each product's section. For example, use the clay mask 2-3 times a week.

Can I use these products with my other skincare items? – Yes, but avoid mixing multiple exfoliating or highly active products without guidance. Always patch test.

What skin types are suitable for this kit? – The Poreflect Kit is suitable for oily, combination, and sensitive skin types. Adjust use if irritation occurs.


Please take note:

- If your skin becomes overly dry or irritated, reduce the frequency of active products like the Cleansing Clay and Blemish Reduction Serum.
- Increase use of the hydration products like the Prep-fect Hydration Mist during dry months for added moisture.
- Avoid layering the Blemish Reduction Serum with retinoids, to reduce the risk of irritation.
- Purging may occur when introducing active ingredients—this usually subsides after 4-6 weeks. If irritation persists, discontinue use.
- If dealing with sensitivity, stop product use temporarily and ensure adequate hydration to calm sensitivity.
- Always use a broad-spectrum sunscreen in the morning after applying the Poreflect Matte Balance Cream. Sun protection is crucial, especially when using actives that may increase skin sensitivity.



General Tips for Best Results

Remember that skincare results take time. It can take several weeks (typically 4-6 weeks) to notice significant changes, especially when treating blemishes and pigmentation. Stay consistent and patient with your routine.

- **Patch Test:** Before using any new product, perform a patch test to avoid adverse reactions.
 - **How to Patch Test:** Apply a small amount of the product on a discreet area of skin, such as behind your ear or on your inner forearm. Wait 24 hours to observe any reactions.
 - **Indicators to Continue or Discontinue Use:** If the patch-tested area shows no redness, irritation, itching, or swelling, the product is likely safe to use. If you experience any redness, swelling, itching, or burning sensation during the 24-hour period, discontinue use immediately. If irritation persists, consult with a dermatologist.
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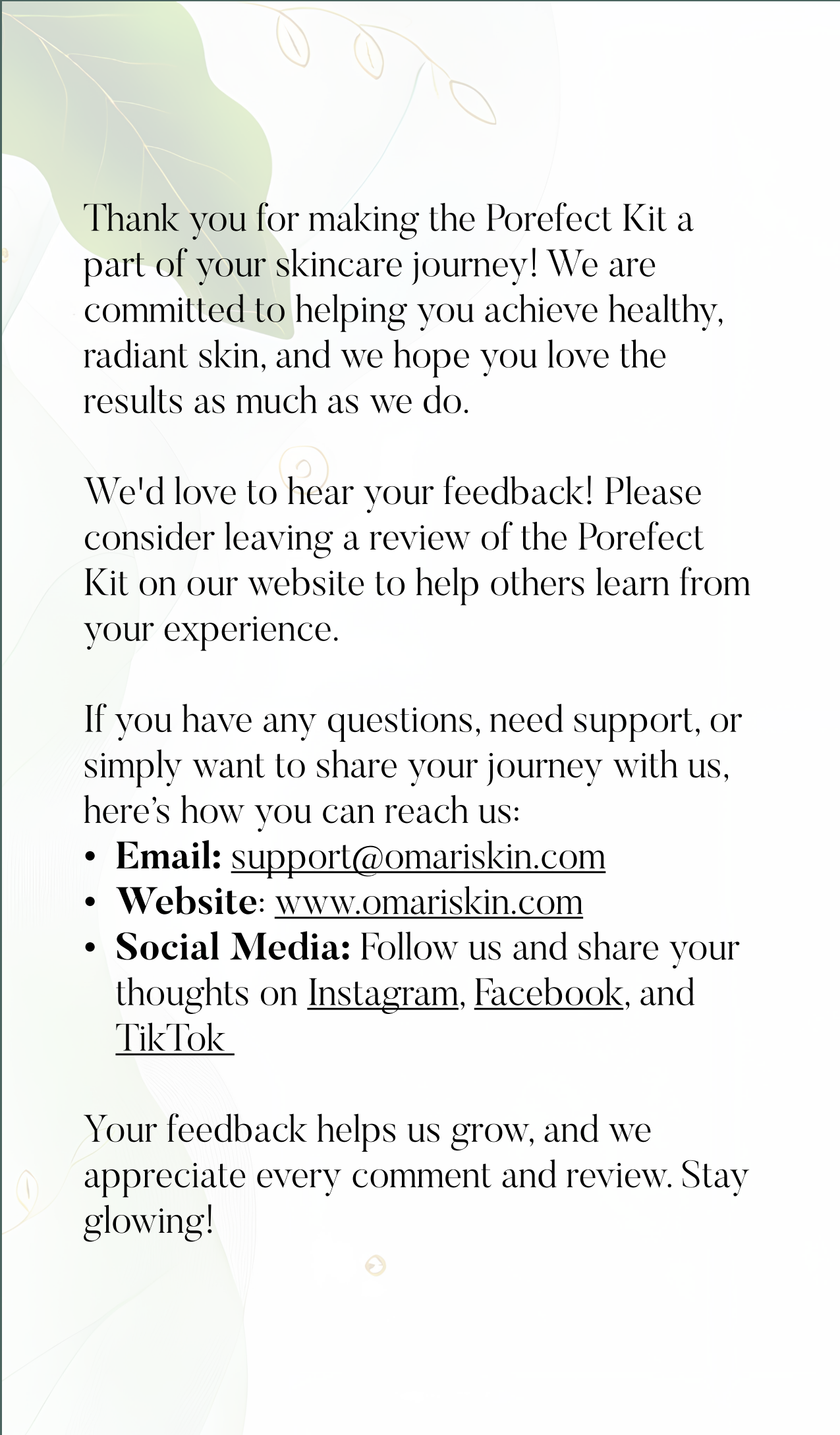
Duration

Each product in the Porefect Kit requires consistent use to see the best outcomes:

- 1. Deep Pore Cleansing Balm:** Expect to see cleaner, softer skin and reduced impurities after 2-3 weeks of use. The balm should last approximately 2-3 months with regular use.
- 2. Porefect Active Cleansing Clay:** Noticeable improvements in pore appearance and skin texture after 4-6 weeks. With use 2-3 times per week, the clay mask should last about 2 months.
- 3. Prep-fect Hydration Mist:** Immediate hydration benefits, with overall skin texture improvement visible within 3-4 weeks. The mist will last approximately 2-3 months depending on usage frequency.
- 4. Blemish Reduction Serum:** Reduction in blemishes and pigmentation should be visible after 4-6 weeks. This serum typically lasts around 2-3 months with daily use.
- 5. Porefect Matte Balance Cream:** Shine control and balanced skin hydration should be noticeable within 3-5 weeks. The cream should last about 2 months when used twice daily.

Product Expiry: The products have a shelf life of 9-12 months from opening. Look for the "9M" or "12M" symbol on the packaging to indicate how long you can safely use each product after opening.

Stick with your skincare routine daily to see the best results. Set reminders if necessary, and enjoy the self-care moments.



Thank you for making the Poreflect Kit a part of your skincare journey! We are committed to helping you achieve healthy, radiant skin, and we hope you love the results as much as we do.

We'd love to hear your feedback! Please consider leaving a review of the Poreflect Kit on our website to help others learn from your experience.

If you have any questions, need support, or simply want to share your journey with us, here's how you can reach us:

- **Email:** support@omariskin.com
- **Website:** www.omariskin.com
- **Social Media:** Follow us and share your thoughts on [Instagram](#), [Facebook](#), and [TikTok](#)

Your feedback helps us grow, and we appreciate every comment and review. Stay glowing!